

5 Suggestions for a Better Life

September 6, 2017



1. When you hear a kind word spoken about a friend, pass it along (Proverbs 3:27; Galatians 6:10). If it's a negative word, keep it to yourself.
 2. As a man, spoil your spouse, not your children (2 Samuel 12:3, 8; Proverbs 5:18–19; Ephesians 5:25; 1 Peter 3:7).
 3. It is not our job to get people to like us. It is our job to like people (John 13:35; Hebrews 13:1; 1 Peter 1:22; 2:17).
 4. To help your children turn out well, spend twice as much time with them and half as much money on them (Genesis 44:30; Proverbs 22:6; Ephesians 5:16; 6:4; Colossians 4:5) (H. Jackson Browne).
 5. Focus on others, not on self (Galatians 2:20; Philippians 2:3–5). Someone wrote, "How to Be Miserable." It reads, "Think about yourself. Talk about yourself. Use 'I' as often as possible. Mirror yourself continually in the opinion of others. Listen greedily to what people say about you. Expect to be appreciated. Be suspicious. Be jealous and envious. Be sensitive to slights. Never forgive a criticism. Trust nobody but yourself. Insist on consideration and respect. Demand agreement with your own views on everything. Sulk if people are not grateful to you for favors shown them. Never forget a service you have rendered. Shirk your duties if you can. Do as little as possible for others."
- Daily Walk*, June 29, 1993